

W.C.L.A.C. SEASON 2024/2025 PROGRAMS

General Principles

- Programs are subject to change throughout the season
- Under 6's compete in 2 events plus ON TRACK. NO measurements or times are recorded for the duration of the season
- Under 7's compete in 4 events. 3 events plus ON TRACK before Christmas, then 4 events after Christmas
- U8's - U10's compete in 4 events throughout all programs
- U11's compete in 4 events in Program's A & C and in 5 events in Program's B & D
- U12's - U17's compete in 4 events in Program A and in 5 events in Program's B, C & D
- Some events may start at 8.00am on Saturday's and this will be communicated prior

SEASON 2024/2025 - PROGRAM A

GIRLS U6	70M	ON TRACK	LJ	
BOYS U6	70M	ON TRACK	LJ	
GIRLS U7	70M	100M	ON TRACK	DISC
BOYS U7	70M	100M	ON TRACK	DISC
GIRLS U8	70M	100M	HJ	DISC
BOYS U8	70M	100M	HJ	DISC
GIRLS U9	100M	400M	LJ	SP
BOYS U9	100M	400M	LJ	SP
GIRLS U10	100M	400M	LJ	VORTEX
BOYS U10	100M	400M	HJ	VORTEX
GIRLS U11	100M	400M	TJ	SP
BOYS U11	100M	400M	LJ	DISC
GIRLS U12	100M	400M	HJ	JAV
BOYS U12	100M	400M	TJ	JAV
GIRLS U13	100M	400M	HJ	SP
BOYS U13	100M	400M	TJ	DISC
GIRLS U14	100M	400M	LJ	DISC
BOYS U14	100M	400M	LJ	JAV
GIRLS U15, 16 & 17	100M	400M	HJ	SP
BOYS U15, 16 & 17	100M	400M	HJ	SP

SEASON 2024/2025 - PROGRAM B

GIRLS U6	ON TRACK	200M	DISC		
BOYS U6	ON TRACK	200M	DISC		
GIRLS U7	70M	200M	LJ	ON TRACK	
BOYS U7	70M	200M	LJ	ON TRACK	
GIRLS U8	70M	200M	LJ	SP	
BOYS U8	70M	200M	LJ	SP	
GIRLS U9	70M	800M	HJ	DISC	
BOYS U9	70M	800M	HJ	DISC	
GIRLS U10	70M	800M	HJ	SP	
BOYS U10	70M	800M	LJ	DISC	
GIRLS U11	200M	800M	HJ	JAV	80H
BOYS U11	200M	800M	HJ	JAV	80H
GIRLS U12	200M	800M	TJ	DISC	80H
BOYS U12	200M	800M	HJ	DISC	80H
GIRLS U13	200M	800M	TJ	JAV	80H
BOYS U13	200M	800M	HJ	SP	80H
GIRLS U14	200M	800M	HJ	SP	80H
BOYS U14	200M	800M	TJ	DISC	90H
GIRLS U15, 16 & 17	200M	800M	TJ	JAV	90H/100H
BOYS U15, 16 & 17	200M	800M	TJ	DISC	100H/110H

SEASON 2024/2025 - PROGRAM C

GIRLS U6	ON TRACK	100M	SP		
BOYS U6	ON TRACK	100M	SP		
GIRLS U7	70M	100M	ON TRACK	DISC	
BOYS U7	70M	100M	ON TRACK	DISC	
GIRLS U8	70M	100M	HJ	DISC	
BOYS U8	70M	100M	HJ	DISC	
GIRLS U9	100M	200M	LJ	SP	
BOYS U9	100M	200M	LJ	SP	
GIRLS U10	100M	200M	LJ	DISC	
BOYS U10	100M	200M	HJ	SP	
GIRLS U11	100 or 200M	LJ	DISC	1500M	
BOYS U11	100 or 200M	TJ	SP	1500M	
GIRLS U12	100M	200M	LJ	SP	1500M
BOYS U12	100M	200M	LJ	SP	1500M
GIRLS U13	100M	200H	LJ	DISC	1500M
BOYS U13	100M	200H	LJ	JAV	1500M
GIRLS U14	100M	200H	TJ	JAV	1500M
BOYS U14	100M	200H	HJ	SP	1500M
GIRLS U15, 16 & 17	100M	300H	LJ	DISC	1500M
BOYS U15, 16 & 17	100M	300H	LJ	JAV	1500M

SEASON 2024/2025 - PROGRAM D

GIRLS U6	60M	ON TRACK	LJ		
BOYS U6	60M	ON TRACK	LJ		
GIRLS U7	60M	300M	ON TRACK	SP	
BOYS U7	60M	300M	ON TRACK	SP	
GIRLS U8	60H	300M	LJ	SP	
BOYS U8	60H	300M	LJ	SP	
GIRLS U9	60H	700W	HJ	DISC	
BOYS U9	60H	700W	HJ	DISC	
GIRLS U10	60H	1100W	HJ	VORTEX	
BOYS U10	60H	1100W	LJ	VORTEX	
GIRLS U11	80H	1100W	HJ	SP	100M
BOYS U11	80H	1100W	LJ	JAV	100M
GIRLS U12	80H	1500W	TJ	DISC	100M
BOYS U12	80H	1500W	HJ	JAV	100M
GIRLS U13	80H	1500W	TJ	SP	100M
BOYS U13	80H	1500W	HJ	DISC	100M
GIRLS U14	80H	1500W	HJ	DISC	100M
BOYS U14	90H	1500W	TJ	JAV	100M
GIRLS U15, 16 & 17	90H/100H	1500W	HJ	SP	100M
BOYS U15, 16 & 17	100H/110H	1500W	HJ	SP	100M

U7's After Christmas

SEASON 2024/2025 - PROGRAM A

GIRLS U7	70M	100M	LJ	DISC
BOYS U7	70M	100M	LJ	DISC

SEASON 2024/2025 - PROGRAM B

GIRLS U7	70M	200M	LJ	SP
BOYS U7	70M	200M	LJ	SP

SEASON 2024/2025 - PROGRAM C

GIRLS U7	70M	100M	LJ	DISC
BOYS U7	70M	100M	LJ	DISC

SEASON 2024/2025 - PROGRAM D

GIRLS U7	60M	300M	LJ	SP
BOYS U7	60M	300M	LJ	SP